

LIVE TO DANCE

THANK YOU for your enquiry



FREESTYLE

EXPRESS YOUR INDIVIDUALITY



HIP HOP

RHYTHM, STYLE & CONFIDENCE



BALLET

GRACE, STRENGTH & DISCIPLINE



PERFORMING ARTS

SING, DANCE, ACT, SHINE



WEDDING LESSONS

YOUR PERFECT FIRST DANCE

CLASS TIMES AND MORE INFO



FREESTYLE

THE SPARKLY, FUNKY, AND FABULOUS WORLD OF FREESTYLE!

TINY TOT GIRLS (AGE 3-5)

MONDAY 3:20 - 4:00 PM

BEGINNER FREESTYLE JUNIOR (AGE 7+)

WEDNESDAY 5:00 - 6:00 PM



HIP HOP

LET LOOSE AND HAVE FUN WITH OUR HIP-HOP CLASSES THAT FOCUS ON RHYTHM, COORDINATION, AND STYLE

TINY TOT HIP HOP (AGE 4-6)

WEDNESDAY 4:30 - 5:30 PM

BEGINNER HIP HOP JUNIOR (AGE 7+)

TUESDAY 5:00 - 6:00 PM

ADVANCED HIP HOP SENIOR

THURSDAY 6:00 - 7:00 PM

TIK TOK DANCE CLASS

THURSDAY 5:00 - 5:45 PM



BALLET

OUR BALLET PROGRAM DEVELOPS STRENGTH, FLEXIBILITY, AND TECHNIQUE

TINY TOT 1 (AGE 3-5)

SAT 8:45 - 9:15 AM

TINY TOT 2 (AGE 5-7)

SAT 9:15 - 9:45 AM

PRE GRADE (AGE 7-9)

SAT 9:45 - 10:30 AM

GRADE 1 (AGE 9-10)

SAT 10:30 - 11:15 AM

GRADE 3 (AGE 10-13)

SAT 11:15 - 12:15 PM

ADULT

PLEASE CONTACT ME FOR TIMES



PERFORMING ARTS

BEGINNER CONTEMPORARY (AGE 5+)

TUESDAY 4:00 - 5:00 PM

INT/ADV CONTEMPORARY

MONDAY 5:00 - 6:00 PM



ADULT FITNESS

WOMEN ONLY

MONDAY 6:00PM - 7:00PM

WEDNESDAY 6:00PM - 7:00PM



WEDDING COUPLES

CREATE A MAGICAL FIRST DANCE WITH PERSONALISED LESSONS THAT BUILD CONFIDENCE AND MAKE UNFORGETTABLE MEMORIES. PRIVATE LESSONS AVAILABLE — CONTACT SASHA TO BOOK.

Why Take Dance Lessons?



BUILDS CONFIDENCE

Mastering new skills boosts self-esteem and self-belief.



MAKES FRIENDS

A supportive community where friendships last a lifetime.



IMPROVES FOCUS

Teaches discipline, concentration and time management.



STAYS ACTIVE

A fun way to stay healthy, strong and full of energy!



ACHIEVE YOUR GOALS

From exams to competitions, we celebrate every success!



WE ARE NOT JUST A DANCE STUDIO,
WE ARE A DANCE FAMILY

FIRST TRIAL CLASS

FREE!

Come start your dance journey today!

Ready to Join

OUR DANCE FAMILY?



CALL SASHA
063 698 6888



WHATSAPP
063 698 6888



VISIT OUR WEBSITE
www.livetodancesa.co.za



OUR STUDIO
Dinwiddie, Germiston



TRAINING CHAMPIONS
SINCE 2016



200+
HAPPY STUDENTS



COMPETITIVE &
RECREATIONAL CLASSES



AGES
2 TO ADULT



Live to Dance - Sasha Herbst



@livetodance_sa

Dream. Believe. Achieve.

**LIVE TO
DANCE**

We are

**LOCATED
HERE!**



LIVE TO DANCE
Academy



NG KERK DINWIDDIE
De Beer Road
Dinwiddie, Germiston



Safe and convenient
parking available
on the premises.



CLICK HERE FOR
Directions



OPEN IN MAPS

<https://maps.app.goo.gl/PxT2pmwjRPMw36129>

Need help
FINDING US?

Please feel free to contact
me – I'm happy to help!



SASHA-LEE HERBST
Live to Dance Academy



063 698 6888



info@livetodancesa.co.za

SCAN ME



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directions*

WE CAN'T WAIT TO **DANCE** WITH YOU!

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